

**SPECIAL “MASTER-INSTRUCTOR ONLY” GROUP PROCESSES
STEP 3: THE IET KARMA CLEARING PROCESS
(BASED ON THE “CLEARING YOUR KARMA” AUDIO PROGRAM)**

**Only IET Master-Instructors can lead this process,
however, anyone can participate in the process.**

Overview: The Karma Clearing process begins with an overview presentation that sets the stage for the energy process. The Karma Clearing overview presentation is not included in these notes. Rather, we ask that you please listen to the Karma Clearing audio program and present the overview information in your own words to those participating in the Karma Clearing process that you are facilitating.

Karma Clearing Process:

Step 1. Karma Cards: Write on a small piece of paper the karma (repeated life patterns) you would like to clear.

Step 2. Angelic Heartlink: Establish your angelic heartlinks to Angel Ariel and all the healing angels of the energy field, especially to Angel Gabriel.

Step 3. Human Heartlinks: Establish human heartlinks to all of those members of your biological and spiritual family, who you would like to include energetically into this process. Remember that it is these people, the players on this karmic stage of your life, whom you need to clear energy with. Make sure you include sending a human heartlink even to those people who you do not want to send a heartlink to.

Step 4. Offer your prayer: Ask that the angels work with you and through you; guide, direct, surround, and protect you; and ask that this be for your highest good and highest healing. Ask Angel Gabriel to accept your heartlink invitation and join his energy with yours. Ask him to bring you the gift of divine direction and help you see through the barriers of your confusion. Ask him to let you see clearly the path that God has laid out for you.

Step 5. Bring in Intermediate IET Ray: Use your Master-Instructor ability to reattune yourself to the Intermediate level. This is done in two steps. First, prepare your DNA with the 12-rotation DNA Attunement Symbol. Next, reach up and use the heartlink symbol to bring down a starburst of angelic energy and draw the Intermediate attunement symbol kundalini in the starburst. Place the imprinted starburst of energy in your heart.

Step 6. Energize Vortex: Use the vortex process to accelerate and amplify the vibration that you have established. Imagine energy to be analogous to water. You are going to create an energetic pattern in which the energy will flow around you in a clockwise direction. Let it get faster. Let it get even faster. Sit in the energy for a few minutes. Stop the clockwise rotation of the energy vortex.

Step 7. Release Vortex: Begin a counter clockwise rotation of the energy vortex. The counter clockwise rotation of the energy vortex creates a powerful releasing of energy through our angelic heartlink. It is analogous to a spiritual vacuum cleaner. Spin the vortex faster and faster. As the energy reaches a fast-pace, allow yourself to sit in a state of peace at the center of the vortex.

Step 8. Karma Points: Touch the IET karma integration points located in the occipital region of the back of your neck just below the skull bone and about three fingers apart from each other. As you focus energy into and touch these points, karmic imprint after karmic imprint will be pulled up and out of your energy field. The imprints will leave your energy field through your angelic heartlink. After a few minutes, stop the vortex.

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Step 9. Final Integration: Gently invite the vortex energy to move once again in the clockwise direction. Lightly touch the karma points in the occipital part of the back of your neck one more time. Allow your soul to reveal to you the destiny that awaits you in this lifetime. This is what Louise Hay calls the totality of possibility that awaits you. Stop the clockwise vortex.

Step 10. Power Pyramid: Place your hands in your lap with the palms facing up and pointing towards the center of your forehead. Imagine that there is a triangle that connects the third eye to the palm of either hand with the bottom of a triangle formed by connecting palms together. This focuses the energy on the third eye and seals in the energy of the karma clearing.

Step 11. Final Grounding: Either bend over and touch your feet or touch right hand to left knee and left hand to right knee.