

# *IET® and Prosperity*

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Welcome!

Integrated Energy Therapy® and Prosperity Consciousness is what we are exploring today. Let's begin by you stating an intention... Why are you here for this workshop? What do you hope to gain? \_\_\_\_\_

My experience with this topic came from observations and work with clients, family and self. The majority of people who came to me for services presented some type of physical ailment and/or were in some type of crisis. Many clients were in the midst of major life changes. No one came seeking improvement in their financial situation, yet, as we worked, many experienced improvement in their financial situations. I began to look more closely at why, and to look more closely at my life. There was a common thread – releasing suppressed emotions and relieving physical conditions seemed to clear the way for better “reception.” On every level, as IET® cleared what “ailed” them, a new possibility could be perceived and received which then could lead to more fulfillment and “prosperity.”

Exercise - \_\_\_\_\_  
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Your thoughts, feelings and beliefs, as highlighted in this exercise, become a way to better understand your relationship to prosperity. When working with a loved one or client, having them discuss attitudes around money, finances, abundance, etc can help them to identify areas of restricted energy. Even if they are not sure what all their “issues” may be, at least the conversation will “tickle” the restricted areas and prepare them for release.

What is your earliest memory of money? (That question alone can set off all kinds of things). When do you last remember feeling totally “free” and cared for? What childhood perceptions did you have of money, finances, being rich, etc? What did your parents believe about prosperity?

Our relationship to prosperity is linked to our understanding of Abundance...of being in the Divine Flow. IET® can help to heal the limiting effects of certain belief systems and past actions with regard to “money matters.” As you energize, release and integrate, there is an experience of connection, freedom and expansion, which then empowers and enables a prosperous path.

Abundance can be defined as perceiving that one has enough or plenty. But really it is deeper than that. Abundance is expecting to have "enough." Yet for different people that is quite subjective...one person's plenty could be someone else's "poverty." Prosperity is often considered easier to define, in that it can mean to be successful or fortunate. But this can also be subjective...How do you define success for yourself? How does your client?

When I speak of abundance...I think Wellspring...a Source from which opportunities and resources flow. We are connected to this and can tap it. We move in this stream, receiving and giving.

Prosperity can be the tangible representations of the abundance in life. Here is a key place to examine our attitudes: What external proofs do we need to know that we are "successful," "fortunate," or living in abundance. What does it mean to "make it?" Do I have a relaxed relationship with my "possessions" or do they make me who I am. How do we determine if others are prosperous?

When I speak of prosperity...I think of Valuableness...how do we accept that we are valuable persons,,,with or without lots of dollars and possessions. Prosperity can materialize as we know our worth as a whole person. As we let go of restrictive emotions, thoughts and beliefs, we can tap into greater prosperity from the abundance around us.

IET® enables a prosperous consciousness "by releasing limits and aligning the person with their highest good at their heart center for their soul's purpose." Within this statement is an important point made by numerous authors and speakers – a person who begins to recognize and acknowledge their heart's desire, their soul's longing, their sense of "why" they are here, takes a crucial step in their journey and along their path towards true fulfillment. As we stop doing what we think we should, and start honoring what we need and want and what serves the highest good and healing for self and community, then Abundance becomes more apparent, and Prosperity materializes more readily.

Of course, we can do this "work" and see the "flow" and still not know where to go with it all. Identifying and releasing self limiting beliefs and emotions starts us, and knowing and asking for what we want moves us along further. But absolutely necessary is RECEIVING what is in the flow for us. I am often struck by how people will ask and expect their blessings, and yet pass them right by because they didn't come in exactly the form expected or imagined. Our imagination can conjure all kinds of visions, plans, hopes and dreams, yet we must stay open to all the ways those might get delivered. Likewise, we cannot be too shy or proud to receive what we want or need.

A useful way to become more aware of the abundance around us as we move along our soul's path, is to be GRATEFUL for all that we have ( yes, all, not just the good...for the "bad" creates lessons that move us in powerful ways.) The Attitude of Gratitude puts you in tune with that Divine Flow. What are your greatest resources? \_\_\_\_\_  
How do acknowledge and celebrate what you are grateful for? \_\_\_\_\_

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IET® focused on prosperity can clear blocks, shifting numerous no longer useful perspectives, and then expanding awareness. As clearings occur and integrated energy anchors in new vibrations, "new thinking" happens too. You learn to see in new ways. The logical and intuitive aspects of the mind flow more freely, allowing you to process and act on options and opportunities.

As we invite Angelic support and welcome the assistance of our soul buddies and soul mates, our lives rise to a new level. Sharing these "gifts" and blessings expands the world around us, and will lessen the fears often associated with "acting" on our options. As a person becomes aware of their desire to let go, grow and join the flow of abundance, IET® becomes a powerful tool to enable the process. IET® can provide a loving, supportive and safe space to release...explore...and embrace.

When doing a session, you have numerous options to invite awareness to the matters of money, finances, prosperity, etc as you utilize the basic, intermediate and advanced level techniques. You can also focus a session to this topic entirely. Often everything is interrelated...there are layers. Using the intuitive senses can help you to connect what is happening where for self treatment or to facilitate another. I sometimes state that we are "looking for the piece to release, so that there can be Peace." (ie, a wholeness that allows new possibilities.)



On the next pages, I speak more specifically to my observations and experiences with IET® and prosperity by providing some outlined information. I offer this to you for your discernment and possible use. The guides and angels will assist and adapt the process for the highest good and healing as is needed for your clients. So if you choose to use this and notice some differences that's okay...this...and we...are all dynamic, organic, works in progress.

